Choose a Healthy People 2020 goal ([www.healthypeople.gov (Links to an external site.)Links to an external site.](https://www.healthypeople.gov/)) that is important in your community and describe specific actions for the 5 health promotion action areas outlined in the Ottawa charter (Chapter 4, p. 62).

**Submission Instructions:**

* Your initial post should be at least 500 words, formatted and cited in proper APA 6 style with support from at least 2 academic sources. Your initial post is worth 8 points.
* You should respond to at least two of your peers by extending, refuting/correcting, or adding additional nuance to their posts. Your reply posts are worth 2 points (1 point per response.)
* All replies must be constructive and use literature where possible.
* Please post your initial response by 23:59 Thursday, and comment on the posts of two classmates by 23:59 Sunday.
* You can expect feedback from the instructor within 48 to 72 hours from the Sunday due date.

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**Grading Rubric**

Your assignment will be graded according to the grading rubric.