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CONHCP: Doctor Of Nursing Practice Final PICOT-D Approval

The department has conducted a review of your PICOT-D question in an effort to support the development of your project. Please note that this review is a FINAL APPROVAL of the PICOT-D and will require permission by the DNP Program Lead for any changes to this statement beyond the date of this approved review. We highly discourage changes as they may prevent you from progressing.

PICOT-D Question:

In patients with dementia on a long-term memory unit does translation of Ray's research on the Music therapy (Using the Cornell Scale for Depression) impact patient depression compared to current practice over 8 weeks.

All projects must have a minimum of **3 original research studies** to support the intervention. (One of the three original research articles to support your intervention need to come from the US or Canada). The other research studies can come from the UK, Denmark, India, New Zealand, or Australia (preferred) or from any of the 131 countries listed in the International Compilation of Human Research Standards 2020.

*** In DNP-955A You will be required to have a total of 15 research articles to support the intervention (3 from PICOT, plus other original research)

Original Research Articles (Use permalinks and attach a pdf copy of each of the quantitative original research articles):

The Use of Music and Music Therapy in Ameliorating Depression Symptoms and Improving Well-Being in Nursing Home Residents with Dementia

Hyperlink:

[Frontiers | The Use of Music and Music Therapy in Ameliorating Depression Symptoms and Improving Well-Being in Nursing Home Residents With Dementia | Medicine \(frontiersin.org\)](#)

Citation:

Ray, K. D., & Götell, E. (2018). The use of music and music therapy in ameliorating depression symptoms and improving well-being in nursing home residents with dementia. *Frontiers in medicine*, 287. <https://doi.org/10.3389/fmed.2018.00287>

The Effects of Individualized Music Listening on Affective, Behavioral, Cognitive, and Sundowning Symptoms of Dementia in Long-Term Care Residents

Hyperlink:

[The Effects of Individualized Music Listening on Affective, Behavioral, Cognitive, and Sundowning Symptoms of Dementia in Long-Term Care Residents \(oclc.org\)](#)



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Citation:

Lineweaver, T. T., Bergeson, T. R., Ladd, K., Johnson, H., Braid, D., Ott, M., ... & Brimmer, T. (2022). The Effects of Individualized Music Listening on Affective, Behavioral, Cognitive, and Sundowning Symptoms of Dementia in Long-Term Care Residents. *Journal of Aging and Health*, 34(1), 130-143. <https://doi.org/10.1177/08982643211033407>

Effects of music therapy on depression: A meta-analysis of randomized controlled trials

Hyperlink:

[Effects of music therapy on depression: A meta-analysis of randomized controlled trials - PMC \(nih.gov\)](https://pubmed.ncbi.nlm.nih.gov/35484441/)

Citation:

Tang, Q., Huang, Z., Zhou, H., & Ye, P. (2020). Effects of music therapy on depression: A meta-analysis of randomized controlled trials. *PloS one*, 15(11), e0240862. <https://doi.org/10.1371/journal.pone.0240862>

IMPORTANT PLEASE STOP AND READ:

This is your Final Approved PICOT-D statement. Please maintain this copy and please include it in each course ISP going forward, in addition, this is the FINAL approved statement to be shared with all DNP course instructors going forward.

If you need to make a change to this PICOT-D statement, you must work with your current course instructor to review and approve any possible changes and your instructor must notify the DNP Program Lead. Making a change to your PICOT-D statement past this date may lead to your delay and success in this program, there must be a valid significant reason to change this PICOT-D statement going forward. It will require you to stop and re-gain permission prior to progressing. This final approval is tracked in CRM.

You **may not begin your intervention or collect any data** related to your project until you have GCU IRB approval, which typically occurs in 960A. Prior to your project courses, you will be working on designing a project in preparation for the submission of your proposal in 955A. Ensure you are accessing the resources in the DC network and in the classroom. You do not need to resubmit your PICOT to the department.

Congratulations on your work so far! We are so glad you have chosen Grand Canyon University.

THIS FINAL PICOT-D STATEMENT IS APPROVED.

Dr. Brandi Wilford

Date: May 3, 2022

DNP PICOT-D REVIEWER Name/Credentials



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“For it is God who works in you to will and to act in order to fulfill his good purpose.” (Philippians 2:13)