

DOCTOR MOYSIK MEDICAL PC
 3000 OCEAN PARKWAY
 BROOKLYN, NY 11235

**Encounter :**

Patient : Mariam Tsurtsunia
 Number : [Number: Number]
 Date : 03/29/2021
 Age : 26 Year(s)
 Provider : Lyubov Moysik, DO DOB : 8/30/1994
 Referring : Copy :
 Type : Office
 Time(Minutes) :

Check :

Patient History
 Past Medical History : E66.01: MORBID (SEVERE) OBESITY DUE TO EXCESS CALORIES E66.2: MORBID (SEVERE) OBESITY WITH ALVEOLAR HYPOVENTILATION Z68.37: BODY MASS INDEX (BMI) 37.0-37.9, ADULT L68.0: HIRSUTISM E28.1: ANDROGEN EXCESS G44.209: TENSION-TYPE HEADACHE, UNSPECIFIED, NOT INTRACTABLE K76.0: FATTY (CHANGE OF) LIVER, NOT ELSEWHERE CLASSIFIED
 Past Surgical History : NO AST SX HX
 Social History : NO TOBACCO/ NO ETOH
 Family History : MOTHER HTN

Reason for Visit :

Chief Complaint: F/U HEADACHE VERTIGO, TINNITUS HEART PALPITATION LOW BACK PAIN, PARASPINAL MUSCLE SPASM ANXIETY, INSOMNIA, IRREGULAR MENSES, LOW BACK PAIN, PARASPINAL MUSCLE SPASM MORBID OBESITY HIRSUTISM

History of Present Illness :

- Severity: Moderate
 - Effects on function: moderately affects activities all symptoms last for long time

Vital:

BP: 115/70 Right Arm Sitting; Pulse: 85 /min; Temp: 97F; Weight: 185lb; Height: 63in; BMI: 32.8 kg/m2; O2: 97%;

Review of systems :

Current Allergies :
 No Known Allergies

Referrals :**Physical Exam :**

Appearance: In no acute distress. Well nourished, well developed, normal habitus, no deformities, well groomed. Well developed, well nourished, well groomed, not distressed Affect and behavior are normal and appropriate. Sitting in chair In no apparent distress
HEENT: - PERRLA Ocular examination of eyes, nose, mouth and throat is normal.
Neck: Supple, no masses palpated.
Cardiovascular: Negative gallop, murmur, rubs, thrill.
Lungs: - Auscultation reveals no rales, rhonchi, wheezing or rubs. Clear to percussion. no wheezing or chest excursion
Abdomen: There is no mass, tenderness, rebound or organomegaly or suprapubic fullness. BS normoactive
Neurological: no deficits. Without focal motor or sensory deficits.

Musculoskeletal: Without any atrophy or abnormal movements
Extremities: No edema, cyanosis, or clubbing Active ROM Capillary refill in less than 3 sec Extremities are without edema. Calves are of equal size with negative Homan's sign; Bilateral Radial pulses are 2 +.
Skin: No skin rash, subcutaneous nodules, lesions or ulcers observed Normal skin turgor, no rashes, no nodules.
Psychiatric: Exam reveals mood and affect appropriate to situation.
Summary: The patient's allergies, current medications, past family history, past medical history, past social history, past surgical history and problem list were reviewed and updated as appropriate. There are no acute safety issues. Over 50 % of the appointment time has been spent with counselling with the patient.

Test Results :

Diagnosis / Assessment :

E28.1.....ANDROGEN EXCESS
E28.2.....POLYCYSTIC OVARIAN SYNDROME
G44.209.....TENSION-TYPE HEADACHE, UNSPECIFIED, NOT INTRACTABLE
E66.2.....MORBID (SEVERE) OBESITY WITH ALVEOLAR HYPOVENTILATION
E66.01.....MORBID (SEVERE) OBESITY DUE TO EXCESS CALORIES
L68.0.....HIRSUTISM
Z68.37.....BODY MASS INDEX (BMI) 37.0-37.9, ADULT
K76.0.....FATTY (CHANGE OF) LIVER, NOT ELSEWHERE CLASSIFIED

Assessment / Plan

- Androgen Excess: WEIGHT LOSS/ SPIRONOLACTONE, ENDOCRYNOLOGIST/ GYN
- Hirsutism: WEIGHT LOSS/ SPIRONOLACTONE, ENDOCRYNOLOGIST/ GYN
- Fatty (change Of) Liver, Not Elsewhere Classified: DIET/ PHYSICAL ACTIVITY
- Polycystic Ovarian Syndrome: WEIGHT LOSS/ SPIRONOLACTONE, ENDOCRYNOLOGIST/ GYN
- Tension-type Headache, Unspecified, Not Intractable: RX/ LOW SALT DIET/ NEUROLOGY CONSULT
- Morbid (severe) Obesity With Alveolar Hypoventilation: DIET/ PHYSICAL ACTIVITY
- Morbid (severe) Obesity Due To Excess Calories: DIET/ PHYSICAL ACTIVITY

Medications :

Procedures :

Orders :

^ DR. L. MOYSIK