

NRNP 6635 Case History Reports

Use these case histories to supplement the information about the patients in the video case studies.

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Week 3: Mood Disorders

Training Title 2

Name: Ms. Natalie Crew

Gender: female

Age: 17 years old

T 97.4 P-82 R-1 20 128/84 Ht 5'2" Wt 192lbs

Background: Recently started an accelerated high school business program in Chicago, Illinois after growing up and living in New Orleans her whole life. Grew up with both parents and four brothers. Currently lives in on a specialty high school campus dormitory. Currently a full-time student and works part time in the local coffee shop. Not married, currently single. She has no previous psychiatric history; takes no medications. There is history of depression, denied substance use history for her or family. No legal hx NKDA

Symptom Media. (Producer). (2016). *Training title 2* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-2>

Training Title 8

Name: Mrs. Abrianna Tilman

Gender: female

Age: 27 years old

T- 98.6 P- 88 R 18 154/92 Ht 5'1 Wt 230lbs

Background: Recently had her first child two months ago. Currently married; stay at home mother after working in community library for 5 years. Grew up with her mother after her parents divorced when she was 16; has two sisters in Troy, Alabama. Completed education through bachelor's level, majoring in English Literature. No previous suicidal gestures. Brother committed suicide via GSW. She denied drugs/alcohol; brother was addicted to methamphetamines. Hx of HTN-prescribed Trandate 100mg twice daily, admits to missing doses due to forgetting. No legal hx. Allergies: PCN

Symptom Media. (Producer). (2016). *Training title 8* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-8>

Training Title 18

Name: Ms. Rosario Campbell

Gender: female

Age: 25 years old

T-97.7 P-70 R-18 118/72 Ht 5'3 Wt 123lbs

Background: Currently living off-base in El Paso, Texas, active duty in the Army, MOS 92M Mortuary Affairs Specialist. Grew up in McAllen TX with both parents and one brother.

Completed education through high school. Currently partnered. No children. Mother history of depression; brother hx of cannabis use. No medical history. No legal hx; allergy: cipro previous medication trials: sertraline, fluoxetine both with good effects when taking.

Symptom Media. (Producer). (2017). *Training title 18* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-18>

Training Title 28

Name: Mrs. Ada Carson

Gender: female

Age: 54 years old

T- 97.6 P- 94 R 22 162/84 Ht 5'5 Wt 144lbs

Background: Currently living in Sioux Falls, South Dakota, working full-time as a contract negotiator in a financial company. Has an MBA. Lives with her husband and two teenage twin sons. Born and raised in Trenton, NJ, with her father and two brothers, her mother deceased when she was MVA when she was 12 years old. Brother has depression; mother has history of being a “functioning alcoholic”. Recently informed by her PCP she has a “fatty liver.” Allergies: codeine

Symptom Media. (Producer). (2016). *Training title 28* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-28>

Training Title 38

Name: Mr. Elijah Loman

Gender: male

Age: 18 years old

T- 98.3 P- 93 R 22 118/68 Ht 5'7 Wt 149lbs

Background: Currently lives with his sister and two parents in Durham, NC. Not currently employed. Completed high school, not currently in school. Hx of treatment for mood disorder began age 15, previous trials of risperidone, quetiapine off and on, side effects of wt. gain. Has hx of a six-day hospitalization one year ago after found wandering at night in the mall parking lot without clothes. He refused medication due to previous experiences. Not currently partnered. He has been sexually inappropriate with comments to female neighbors; pulled his pants down in the mall. Denies any recent alcohol or substance use. Father has history of bipolar disorder. No history of self-harm behaviors, no family suicides. Mother reports he has slept 4-5 hours in past week, up spending money buying and playing new video games and says he is writing a book on how others can be a video game master. Appetite is decreased. No medical hx; Hx of vandalism as a juvenile. Has pending court date for indecent exposure. Allergies: latex

Symptom Media. (Producer). (2016). *Training title 38* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-38>

Training Title 43

Name: Mr. Elijah Loman

Gender: male

Age: 20 years old

T- 97.2 P- 84 R 18 118/68 Ht 5'7 Wt 156lbs

Background: Currently lives with his sister and her husband who are his legal guardians as parents deceased when he was 15 and he was deemed to need a fiduciary and guardian by the court system. Not currently employed. Completed high school, not currently in school. Hx of treatment for mood disorder began age 15, previous trials of Depakote, Quetiapine off and on, side effects of akathisia. Has hx of a multiple hospitalization, last was 4 months ago when he exposed his genitals to girls at the mall. . Not currently partnered. He is currently in hospital admitted one week ago, was initiated on lithium 300mg po three times daily and risperidone 1mg at bedtime. Denies any recent alcohol or substance use. Paternal uncle has history of bipolar disorder. No history of self-harm behaviors, no family suicides. Appetite is decreased. No medical hx; hospital admission labs within normal ranges, UDS negative; Hx of truancy as a juvenile. Has pending court date for indecent exposure. Allergies NKDA

Symptom Media. (Producer). (2016). *Training title 43* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-43>

Training Title 150

Name: Ms. Cheyenne Lisenbe

Gender: female

Age: 18 years old

T- 97.4 P- 94 R 22 136/86 Ht 5'2 Wt 121

Background: Currently living with her parents in Locust Grove, Oklahoma along with two younger sisters and 1 older brother. She is a senior in high school, not currently partnered, reports she is bisexual, lately hyper-sexual reporting increase of unprotected sex. She has been stealing money out of her grandmother's purse to buy clothes, shoes, purses, "and just other things. She has history of treatment since age 9 for conduct disorder, depression, history of taking citalopram which worsened her irritability, aggression, impulsivity. She has been in a 90-day teen residential mental health facility discharged three months ago with lithium 300mg in am and 600mg at bedtime, aripiprazole 2.5mg in the morning. When discharged, her labs were within normal ranges and urine toxicology negative. She was positive for cannabis upon admission. Her parents believe she is hiding her medication as she has made comments "they slow me down; they make me not think fast" She has hx of domestic violence toward her older brother with juvenile assault charge. No current legal issues. Her grandmother has hx of bipolar

disorder; her mother and her maternal aunt have anxiety. She is sleeping 2-3hrs/24 hrs. Reports her appetite “ravishing.” She has no medical issues; has Nexplanon implant; hx of self-harm with cutting, last engaged in the behavior 6 months ago.

Symptom Media. (Producer). (2018). *Training title 150* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-150>

Training Title 118

Name: Mr. Connor Walsh

Gender: male

Age: 57 years old

T- 97.2 P- 94 R 20 156/88 Ht 5'8 Wt 163lbs

Background: Born and raised in Peru Indiana Is staying at a shelter after being homeless in MacArthur Park for 1 year in Los Angeles. He lost his apartment and his job working part-time at Home Depot. Enjoys playing music. He has long hx of mental health treatment since age 19. Previous medication trials include lithium (was effective), Depakote (gastric upset), aripiprazole (akathisia), risperidone (hyperprolactinemia), haloperidol (dystonia), quetiapine (didn't give a fair trial), Poor historian. divorced once, reports being gay, no children; estranged from only living sister, parents deceased. He is not sure of his family mental health or substance use history but feels like he is most like his aunt, she has history of mental health treatment “but I'm not sure for what.” States that he got a master's degree in music theory at Stanford. Admits to 3-6 drinks of alcohol when “playing music in the clubs”, denied illicit drugs, has history of intentional drug overdose at age 22, history of 8 inpatient psychiatric hospitalization, most recent was 8 months ago. hx of one detox admission 15 years ago Allergies: bee stings

Symptom Media. (Producer). (2018). *Training title 118* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-118>

Training Title 144

Name: Ms. Amy Hartford

Gender: female

Age: 26 years old

T- 98.2 P- 70 R 18 128/76 Ht 5'0 Wt 152lbs

Background: Currently lives in Scottsdale, AZ, divorced with two children a daughter age 8 and son age 4. Born and raised in Mesa, AZ with her mother and two sisters Works as paralegal, has an associate degree; no legal hx; allergic to dicyclomine; history of rosacea

Symptom Media. (Producer). (2018). *Training title 144* [Video].
<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-144>

Week 4: Anxiety Disorders, PTSD, and OCD

Training Title 15

Name: Mr. Ralph Newsome

Gender: male

Age: 19 years old

T- 97.0 P- 70 R 18 116/68 Ht 5'9 Wt 175lbs

Background: Lives in Columbus, OH with his dog Chance, only child. Parents live locally.

Works part time in Construction. Not currently partnered. No previous psychiatric history.

Symptoms began in the last 2 months when he discovered he is being activated with the Navy Reserves. His MOS is CM3 Construction Mechanic; no medical illnesses, no legal hx. Allergies: NKDA; sleeps 8hrs; appetite good

Symptom Media. (Producer). (2017). *Training title 15* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-15>

Training Title 21

Name: Sergeant Berry Sullivan

Gender: male

Age: 27 years old

T- 98.8 P- 86 R 18 B/P 122/7 Ht 5'8 Wt 160lbs

Background: He entered the military just after high school and did three long tours of duty in warzones. He separated from active duty in the Marines (MOS 0800 Field Artillery) six months ago after eight years of service. He is engaged to be married in 8 months and is using his GI Education Bill to attend online college for accounting. He said he grew up poor and would not do much else if he didn't go into the military. He denies ever using any drugs and avoids alcohol because his father was "abusive when he was drunk." Father is still alive, unwell (DM, cirrhosis, HTN), still drinking. Paternal grandfather was also a veteran and suffered depression at times though he never told anyone except the patient because of their combat connection. He has one younger brother and one older sister. He lives in a different state, approximately five hours from his parents and siblings. After the military, he and his fiancé moved because she got a much

better opportunity. They want kids someday. Has service-connected asthma, seasonal allergies; no hx of psychiatric or substance use treatment.

Symptom Media. (Producer). (2016). *Training title 21* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-21>

Training Title 37

Name: Mr. Luca Esposito

Gender: male

Age: 21 years old

T- 97.4 P- 112 R 22 122/68 Ht 6'1 Wt 198lbs

Background: Lives alone in Orlando, FL raised by parents in Buffalo, NY, only child. He is a full-time student obtaining a degree for graphic design. works part-time as Uber driver. Has a girlfriend from high school. No previous psychiatric history. No medical illnesses; no history of psychiatric treatment; denied drugs or alcohol; Allergies: NKDA; sleeps 6 hrs.; appetite eats 3 meals/day, likes to keep a routine schedule.

Symptom Media. (Producer). (2016). *Training title 37* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-37>

Training Title 40

Name: Ms. Connie Weidre

Gender: female

Age: 53 years old

T- 99.0 P- 102 R 24 156/86 Ht 5'4 Wt 11bs73

Background: Lives with her husband in Memphis, TN, has one daughter age 25. She has never worked. Raised by mother, she never knew her father. Mother with hx of generalized anxiety and was verbally abusive, abused benzodiazepines; no substance hx for patient. No previous psychiatric treatment. Has one glass red wine with dinner. Sleeps 12-13 hrs.; appetite decreased. Has overactive bladder, untreated. Allergic to Zofran; complains of headaches, takes prn Tylenol, has diarrhea 2-3 times weekly, takes OTC Imodium.

Symptom Media. (Producer). (2016). *Training title 40* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-40>

Training Title 55

Name: Matilda Johnson

Gender: female

Age: 8 years old

T-98.0 P 70 R 24 B/P 110/68

Ht 45 inches Wt 57lbs

Vaccinations are up to date, on target with developmental milestones. Appetite, she is a picky eater per mom. NKDA

Symptom Media. (Producer). (2017). *Training title 55* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-55>

Training Title 85

Name: Mrs. Isla Flanagan

Gender: female

Age: 47 years old

T- 98.0 P- 82 R 18 136/62 Ht 5'0 Wt 123lbs

Background: Born and raised in Northern Ireland, parents brought her and her one sister to U.S. when she was 15 to go to U.S. university where she met her husband. They live in Charleston, SC. She obtained her master's degree in education; no history of mental health or substance use treatment, no family history. Her husband reported a recent school shooting nearby 3 weeks ago "flipped a switch" in her. She is watching the news 24/7, barely sleeping, and even when she does, it is only a few hours, Appetite is decreased. Hx of hysterectomy, NKDA, no legal hx.

Symptom Media. (Producer). (2017). *Training title 85* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-85>

Training Title 95

Name: Ms. Serenity Jackson

Gender: female

Age: 24years old

T- 97.5 P- 80 R 18 118/74 Ht 5'2 Wt 136lbs

Background: Born and raised in Gainesville, FL with her mother and 4 older brothers; her mother has hx of panic disorder, 2 brothers hx of cannabis; father abandoned the family when she was 3 years old. One brother is in prison for burglary. no previous mental health treatment, no medications; NKDA; no legal hx; sleeping 9 hrs.; Appetite is good. She has an associate of arts degree and works for Leaders furniture warehouse. She has DX of diabetes since age 8. She

recalls having great difficulty with her medical condition (uncontrolled blood sugar, fighting with mother over needle sticks, “kids want candy, and I was so different because of my diet”). She recalls having a difficult relationship with her mother who was a nurse and really worked hard to control her daughter’s diabetes. She is not in a relationship, identifies as lesbian but has not come out to the family. Only her closest co-workers know She stated, “I don’t see why I would, they wouldn’t understand, and this is not important right now.”

Symptom Media. (Producer). (2018). *Training title 95* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-95>

Week 7 Schizophrenia and Other Psychotic Disorders; Medication-Induced Movement Disorders

Training Title 9

Name: Ms. Fatima Branning

Gender: female

Age: 28 years old

T- 98.4 P- 82 R 18 124/74 Ht 5'0 Wt 118lbs

Background: Raised by parents, lives alone in Coronado, CA. Only child. Works as an administrative assistance in car sales, has a bachelor’s in hospitality. Has medical history of scoliosis, currently treated with chiropractic care. Guarded and declined to discuss past psychiatric history. Denied family mental health issues, declined to allow you to speak to parents for collaborative information. Allergies: latex; menses regular, no birth control

Symptom Media. (Producer). (2016). *Training title 9* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-9>

Training Title 24

Name: Ms. Jess Davies

Gender: female

Age: 30 years old

T- 98.6 P- 86 R 20 120/70 Ht 5'2 Wt 126lbs

Background: Jess is brought for evaluation by her 2 roommates who are concerned with behaviors. She had some issues with depression after aunt died but worsened in the 12 days after she witnessed her brother killed via GSW in a gas station burglary. She is estranged from her parents and her brother was her only sibling. She is only sleeping 2 hours/24hrs; she will only eat canned foods. She smokes cannabis daily since she was 17 and goes out on weekdays couple

times with her roommates and has couple drinks of beer. She was prescribed alprazolam 1mg twice daily as needed by her PCP for 15 days. She works in a bakery. Allergies: medical tape

Symptom Media. (Producer). (2016). *Training title 24* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-24>

Training Title 29

Name: Mr. Harold Feldman

Gender: male

Age: 20 years old

T- 98.4 P- 76 R 18 116/74 Ht 5'6 Wt 120lbs

Background: European-American male. He has two younger sisters, one with history of ADHD, the other with history of separation anxiety. His mother has depression; his father has paranoia schizophrenia. He is home for spring break. He has no previous medical problems.

Developmental milestones met as child. Appetite is inconsistent and it seems he has lost 18lbs since first going back to school in the fall. He had a short trial of risperidone in the last six months of high school for mild paranoia. He stopped the medication after graduation as he could not tolerate due to side effects of over-sedation. Harold has HS several friends but has not kept in touch with them since being back home. He has not been showering. Sleeping 14 hrs./ he admits to episodic cannabis use weekly. Allergies shellfish

Symptom Media. (Producer). (2016). *Training title 29* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-29>

Training Title 134

Name: Mrs. Patricia Warren

Gender: female

Age: 42 years old

Background: Patricia was brought in under a emergency evaluation order after her best friend, Felicia, after the police for Patricia locking herself in a closet and screaming loudly for over an hour. EMS was able to calm her with a small dose of Ativan enroute to the emergency department. This is Patricia's third presentation to the emergency room in 2 weeks. She had one psychiatric hospitalization around this same last year. No self-harm behaviors but has assaulted other in the past. No hx of TBI. Sleeps 1–2-hour increments for total of 6 hrs. daily, refuses to sleep at night. Refused vitals, wt., refuses labs, not cooperative. She obtains SSDI. She lives in Cameron, Montana. She denies ever using any drugs and drinks one glass wine weekly. She has a sister who is five years older, both parents deceased in the last three years. She has no children, her husband is out of town, truck driver. Family history includes that her father had two previous inpatient psychiatric hospitalizations for paranoia Mother had history of bipolar depression. Paternal grandmother had "shock therapy". Denies history of trauma experience, but her friend

reports parents death was extremely difficulty for Patricia. no current legal charges. dropped out of high school in 11th grade, was pregnant and had abortion. allergies: Clozaril

Symptom Media. (Producer). (2018). *Training title 134* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-134>

Week 8 Substance-Related and Addictive Disorders

Training Title 82

Name: Lisa Tremblay

Gender: female

Age: 33 years old

T- 100.0 P- 108 R 20 180/110 Ht 5'6 Wt 146lbs

Background: Lisa is in a Naples, FL detox facility thinking about long term rehab. She is considering treatment for her Hep C+ but needs to get clean first. She has been abusing opiates, approximately \$100 daily. She admits to cannabis 1–2 times weekly (“I have a medical card”), and 1/2 gallon of vodka daily. She has past drug paraphernalia possession arrest. Her admission labs. abnormal for ALT 168 AST 200 ALK 250; bilirubin 2.5, albumin 3.0; her GGT is 59; UDS positive for opiates, THC. Positive for alcohol or other drugs. BAL .308; other labs within normal ranges. She reports sexual abuse as child ages 6-9 perpetrator being her father who went to prison for the abuse and drug charges. She is estranged from him. Mother lives in Maine, hx of agoraphobia and benzodiazepine abuse. Older brother has not contact with family in last 10 years, hx of opioid use. Sleeps 5-6 hrs., appetite decreased, prefers to get high instead of eating.

Allergies: azithromycin

Symptom Media. (Producer). (2017). *Training title 82* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watch/training-title-82>

Training Title 114

Name: Ally Chen

Gender: female

Age: 44 years old

Background: Only child, raised by parents in Philadelphia, PA. Has PhD in biology and master's degree in high school education (8–12). Her supervisor has asked the school EAP counselor to intervene with concerns regarding potential substance use in effort to facilitate getting her help and be able to retain her. She is divorced, has a 4-year-old son who lives with his father. Appetite healthy, sleeping 9 hours/24 hrs., wakes 2-3 times during the night. Denied drug use. had DUI when she was age 21.

Symptom Media. (Producer). (2018). *Training title 114-2* [Video]. <https://videoalexanderstreet-com.ezp.waldenulibrary.org/watch/training-title-114-2>

Training Title 151

Name: Daniela Petrov

Gender: female

Age: 47 years old

T- 98.8 P- 84 R 20 B/P 132/90 Ht 5'8 Wt 128lbs

Background: Moved to Everett, Washington from Russia with her parents when she was 16 years old. Currently lives in Boise, Idaho. She has younger 1 brother, 3 older sisters. Denied family mental health or substance use issues. No history of inpatient detox or rehab denied self-harm hx; Menses regular. uses condoms for birth control Has fibromyalgia. She works part time cashier at Save A Lot Grocery Store. Dropped out of high school in 10th grade. Sleeps 5-6 hours on average, appetite good.

Symptom Media. (Producer). (2018). *Training title 151* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://videoalexanderstreet.com/watch/training-title-151>

Week 10 Neurocognitive and Neurodevelopmental Disorders

Training Title 48

Name: Sarah Higgins

Gender: female

Age: 11 years old

T- 97.4 P- 58 R 14 98/62 Ht 4'5 Wt 65lbs

Background: no history of treatment, developmental milestones met on time, vaccinations up to date. Sleeps 9-10hrs/night, meals are difficult as she has hard time sitting for meals, she does get proper nutrition per PCP. she has a younger brother. lives with her parents in Washington, D.C. No hx of head trauma.

Symptom Media. (Producer). (2017). *Training title 48* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://videoalexanderstreet.com/watch/training-title-48>

Training Title 50

Name: Harold Brown

Gender: male

Age: 60 years old

T- 98.8 P- 74 R 18 134/70 Ht 5'10 Wt 170lbs

Background:

Has bachelor's degree in engineering. He dates casually, never married, no children. Has one younger brother. Sleeps 7 hours, appetite good. Denied legal issues; MOCA 28/30 difficulty with

attention and delayed recall; ASRS-5 21/24; denied hx of drug use; enjoys one scotch drink on the weekends with a cigar. Allergies Dilaudid; history HTN blood pressure controlled with Cozaar 100mg daily, angina prescribed ASA 81mg po daily, valsartan 80mg daily. Hypertriglyceridemia prescribed fenofibrate 160mg daily, has BPH prescribed tamsulosin 0.4mg po bedtime.

Symptom Media. (Producer). (2017). *Training title 50* [Video].

<https://go.openathens.net/redirector/waldenu.edu?url=https://video.alexanderstreet.com/watc...h/training-title-50>