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Healthcare System Integration

Hubert Humphrey's statement reflects the ethical responsibility of governments and healthcare systems to protect the most vulnerable populations such as people living with disabilities, young, the elderly, and those with chronic illnesses. The current healthcare system in the United States has tried to integrate this ideology through programs such as Medicaid, Medicare, and the Affordable Care Act (ACA), all of which focus on increasing access to care for vulnerable populations. For example, the health benefits of the ACA include preventive services for children without cost-sharing, while Medicare provides coverage for aging populations (Ercia, 2021).

I have experienced how pediatric preventive care programs such as school-based health screenings and vaccination drives fit the mindset by addressing children's needs much earlier in their life. Additionally, palliative care and home health services support elderly patients in maintaining quality of life and dignity. However, there are areas where I have observed the mindset being neglected, especially in the limited mental health resources available for low-income individuals, including long wait times for specialized care which could worsen health outcomes.

An evidence-based intervention that integrates Humphrey's philosophy into nursing practice is implementing nurse-led community outreach programs which target vulnerable populations. Research indicates that nurse-led clinics help to address the pressures of healthcare systems and bridge care gaps, directly impacting clinical outcomes and patient satisfaction (Pu et al., 2024). Such programs may also focus on preventive screenings, culturally competent education and chronic disease management. This ensures that the needs of elderly, children, people living with disabilities and the chronically ill are compassionately and proactively

addressed. Ultimately, the healthcare system can take a step towards fulfilling Humprey's moral test, hence upholding equitable care.

References

- Ercia, A. (2021). The impact of the Affordable Care Act on patient coverage and access to care: perspectives from FQHC administrators in Arizona, California and Texas. *BMC Health Services Research*, 21(1), 920. <https://doi.org/10.1186/s12913-021-06961-9>
- Pu, X., Malik, G., & Murray, C. (2024). Nurses' experiences and perceptions of running nurse-led clinics: A scoping review. *International Journal of Nursing Practice*, 30(6), e13285. <https://doi.org/10.1111/ijn.13285>