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(u11d1) Discussion: Impact of Interventions on Pediatric and Teenage Population

Student Name:

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Impact of Interventions on Pediatric and Teenage Population

1 Psychiatric-mental Health Advanced Practice Nurses (PMH-APRNs) possess moral and dedicated commitment to cater for mental health of young population, including children and adolescents. According to Kumar et al. (2020), the duties of PMH-APRNs' start from the nursing frameworks aligned to patients to strategize imminent structures, as primary care providers of 2 mental health care services to children, adolescents, and families achieve optimal outcomes, and interventions impact. PMHNPs' tasks are grounded on the nursing development and satisfying relations to educate patients and families. These services include identifying, treatment, and management of acute and chronic illnesses by offering psychotherapeutic and prescription of medications (Kumar et al., 2020). Other primary roles include providing preventative care through screening and care coordinating care, referring patients, ordering, conducting, and rendering diagnostic studies and laboratory exams.

PHMNP's also offer secondary roles in mental health services by delivering consultative services, psychopharmacologic management, systems thinking, and treatment planning in primary care settings including collaboration with providers, and resource coordination education for providers (Bonham & Kwasky, 2021). PHMNP's roles expand beyond health promotion services to include support from parents, sleep management, coping strategies, healthy diet and nutrition, and enhancing parent-child interactions using interventions, such as cognitive behavioral therapy.

PHMNP's skills expand to a greater extent in their nursing role to tertiary level to collaborating and partner with the community to educate and advocate for health promotion, screening, and increase awareness on wellness and recovery care that is nursing driven, and

bottom-up examination of psychological health of children (Kumar et al., 2020). Psychiatric practitioners capitalize on opportunities to provide home care or school nursing to increase access to care for children and adolescents through a holistic approach. PMHNPs apply integrated care using evidence-based guidelines, and data-informed planning for individualized and coordinated care plans by reorienting child and adolescent services to increase advocacy, early identification, research training, increase research, and public health orientation (Bonham & Kwasky, 2021; Kumar et al., 2020).

References

- Bonham, E., & Kwasky, A. (2021). Caring for the Mental Health of Youth and Families: What is the Role of the Psychiatric Mental Health Advanced Practice Nurse? *Clinical nurse specialist CNS*, 35(5), 246–252. <https://doi.org/10.1097/NUR.0000000000000620>
- Kumar, A., Kearney, A., Hoskins, K., & Iyengar, A. (2020). The role of psychiatric mental health nurse practitioners in improving mental and behavioral health care delivery for children and adolescents in multiple settings. *Archives of psychiatric nursing*, 34(5), 275-280. <https://doi.org/10.1016/j.apnu.2020.07.022>