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**(u12d1) Discussion: Clients with Cognitive Disorders**

Student Name:

Institution:

Course:

Instructor

Due Date:

### Clients with Cognitive Disorders

Upon watching “Susan, Core Video: Alzheimer's Dementia, Director's Cut”, it is clear both formal, informal, or familial caregivers experience difficulties with patients suffering from cognitive disorders including Alzheimer's Dementia. Alzheimer's diseases are related to progressive disease course and long-term care, leading to increased burden among caregivers, including psychological, physical, family, monetary, and work-related difficulties (Ashrafizadeh et al., 2021). Caregivers are perceived as secondary patients exerting negative effects on their health, such as mental regression due to pressure from providing care services and straining predisposing them to bodily and psychological ailments, such as depression. Caregivers with negative beliefs entrapped in their caregiving roles are exposed to numerous complications and depression.

2 Chyu et al. (2022) states that caregivers experience burnout and reduced physical strength, causing worse patient outcomes related to high-stress levels, compromised immune response, greater medication consumption, reduced cognitive levels, and back due to patient transfer. Also, their lives are disrupted by full-time involvement in care challenging their marital, personal, social, and occupational lives. Family caregivers exhibit poor self-efficacy in disease-related management associated with burnout from care responsibility. Caregivers experience financial issues or pressure from taking care of patients due to patients' inability to make a living, acquisition of treatment fees, hospital transfer fees, and day-to-day living (Ashrafizadeh et al., 2021). As such, caregivers experience overwhelming pressure to lead a normal life due to lack of support, exhaustion, lack of cooperation from other family members, lower financial well-being, higher anxiety, and food insecurity (Chyu et al., 2022).

Caregivers are usually mentally exhausted due to offering care services, and increased time staying together leading to sadness, helplessness, frustration, trauma, and anger, ultimately causing cognitive decline and increased caregiver distress (Chyu et al., 2022). Caregivers also are socially isolated attributed to incapacity to leave home, seclusion, inability to attend social activities and role overload, leading to deteriorated mental wellbeing.

### References

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- Symptom Media (Producer), & Silva K. B. (2018). Susan, Core Video: Alzheimer's Dementia, Director's Cut. [Video/DVD] Symptom Media.  
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