

# Legacy

Medical & Mental  
Health Clinic



## LOOKING FOR PARTICIPANTS

Our clinic is looking for participants  
for a quality improvement project.

### Cognitive Behavioral Therapy (CBT) Study

We are looking to recruit individuals aged 18 and older with a confirmed diagnosis of alcohol use disorder, to participate in a quality improvement project about the effectiveness of 1:1 CBT on relapse.

### Eligibility Requirements

Are 18 years of age, have been diagnosed with alcohol use disorder, and are willing to participate in weekly CBT sessions.

### Benefits of Participation in CBT Study

- Receive free personalized 1:1 CBT sessions from experienced professionals.
- Learn strategies of overcoming cravings and response to stimuli
- Advance translation of evidence into practice

## WE WILL TAKE CARE OF YOUR HEALTH.



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